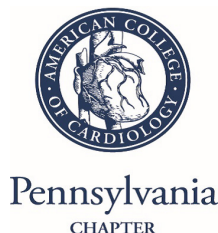


Women in Cardiology Speaker Bios

RITU THAMMAN, M.D., is a cardiologist who created the Women in Cardiology PA chapter of the ACC in 2017. She teaches narrative medicine at the University of Pittsburgh School of Medicine and medical humanities at the University of Pittsburgh. Her book, *As the Heart Knows*, a collection of patient stories and heart images, will be published next year. She graduated from the honors program in medical education at Northwestern University Medical School, completed her residency at Columbia Presbyterian Medical Center and completed her cardiology fellowship at the University of Pittsburgh. She is also a part of the ACC's Working Group on Cardiology Disparities of Care, writing the national guidelines about healthcare disparities in cardiovascular diseases. She serves on Phipps Conservatory and Botanical Gardens' Board of Directors.

BRENDA MENDIZABAL, M.D., is a pediatric cardiologist and assistant professor in the department of cardiology at the University of Pittsburgh School of Medicine. She completed her pediatric cardiology fellowship at Children's Healthcare of Atlanta, GA and complete her pediatric preventive cardiology fellowship at Cincinnati Children's Hospital Medical Center where she worked on the American Heart Association's Strategically Focused Research Network Fellowship in hypertension. Brenda moved to Pittsburgh in December 2017. She is currently working on "SHIP AHOY: Study of High Blood Pressure in Pediatrics, Adult Hypertension Onset in Youth" an ongoing, multi-center, cross-sectional study. She is in year two of four of the study.

MYLYNDA B. MASSART, PH.D., M.D., is an assistant professor in the family medicine department at UPMC and the University of Pittsburgh. Mylynda is also the co-director of the Clinical and Translational Science Institute's (CTSI) Integrating Special Populations core module at the University of Pittsburgh. CTSI is part of the National Institutes of Health's network necessary to bridge the gap between innovative approaches to research and effective clinical and public health practice and policy. Mylynda has been the medical director of UPMC's Matilda Theiss Health Center, a federally funded clinic in the Hill District. She received her medical degree from Oregon Health & Sciences University, Portland, OR after completing her Ph.D. at the University of Utah, Salt Lake City, UT. She completed her family medicine residency at Providence Milwaukie Family Medicine, Milwaukie, OR. She has an educational research grant from 23andMe and a PA Cares for Us Research Program grant through CTSI.



About the Conference

Women in Cardiology Inaugural Conference

Hosted by Let's Move Pittsburgh and Dr. Ritu Thamman

Co-Sponsored by the Pennsylvania Chapter of the American College of Cardiology

Thurs., Feb. 22, 2018

5:30 – 8:30 p.m.

Phipps Conservatory and Botanical Gardens

One Schenley Park

Pittsburgh, PA 15213

Let's Move Pittsburgh and Dr. Ritu Thamman host an inaugural meeting of physicians, cardiologists and medical professionals during National Go Red for Women Month, the American Heart Association's national movement to end heart disease and strokes in women. The event is co-hosted by Let's Move Pittsburgh, a collaborative program of Phipps Conservatory and Botanical Gardens that provides southwestern Pennsylvania's children and their caregivers with the knowledge, tools and support needed to make nutritious food choices and lead active lifestyles. The evening will focus on fitness and physical activity as a strategy to prevent heart disease.

AGENDA

5:30 – 6:30 p.m.: Meet and Greet Happy Hour

6:30 – 7:30 p.m.: Speaker presentations

1. Ritu Thamman, M.D., F.A.S.E., F.A.C.C.

2. Brenda Mendizabal, M.D.

3. Mylynda Massart, M.D., Ph.D.

7:30 – 8:30 p.m.: Explore Tropical Forest Cuba

A suggested donation of \$15 to support this event is welcome.

